



REGULATION TRAMPOLINE

ASSEMBLY | CARE & MAINTENANCE | USE INSTRUCTIONS



MADE IN THE USA

SINCE 1978

WARNING

Read these materials prior to assembling and using this trampoline | Keep this manual for future reference

Trampolines over 20 inches (51 cm) tall are not recommended for children under six years of age

This trampoline is NOT intended for commercial or public use and is therefore strictly prohibited

SAFE USER WEIGHT RATING 250 lbs (113 kg)

The information in this manual is subject to change without notice.



INTRODUCTION

Thank you for your Best American Trampoline Purchase. We are dedicated to producing quality American made products and strive to cultivate lasting relationships with each of our customers.

We want to ensure that you enjoy your trampoline for years to come. **Prior to assembling or using your trampoline read through this entire manual.** It is the responsibility of the purchaser to ensure that all potential users understand how to properly enjoy this trampoline before they are allowed to use it.

If you have any questions about your purchase, please reach out to our customer service team at **972-475-0092**.



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Follow all instructions and review guidelines on how to properly use this product prior to assembling or using your trampoline. Do not use or allow others to use the trampoline in a way that is not described in this manual.

Any activity involving motion, height, speed, rotation, and/or physical contact creates the possibility of serious injury, including temporary or permanent paralysis and even death from landing or falling on the neck, head, back, or other parts of the body. Best American Trampoline's Products do not eliminate these hazards. You assume a risk of serious injury by using the Products. Use of the Products without proper supervision, proper training, proper equipment can be dangerous.

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NOTE - Read through the information and all instructions included in this manual prior to assembling or using this trampoline.

01. WARNING

READ THIS ENTIRE MANUAL PRIOR TO INSTALLING TRAMPOLINE AND ENCLOSURE.



DO NOT attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis or death, even when landing in the middle of the mat.



DO NOT allow more than one person on the trampoline. **DO NOT** allow more than one person inside the trampoline enclosure. Use by more than one person at the same time can result in serious injury.



DO NOT attempt to jump over the enclosure.



DO NOT intentionally rebound off the enclosure. **DO NOT** hang from, kick, cut or climb on the enclosure.



YOUR SAFETY

Any activity involving motion, height, speed, rotation, and/or physical contact creates the possibility of serious injury, including temporary or permanent paralysis and even death from landing or falling on the neck, head, back, or other parts of the body. Best American Trampoline's Products do not eliminate these hazards. You assume a risk of serious injury by using the Products. Use of the Products without proper supervision, proper training, proper equipment can be dangerous. Inspect the Products prior to and after any use. Inspect the Products for damages before use. Damaged Products should be repaired or replaced immediately. If in doubt, do not use the Products.

02. RESPONSIBILITY

It is the responsibility of the trampoline owner and supervisor to ensure that all users are aware of and are practicing proper trampoline use.

The owner and/or supervisor should go over how to properly use this trampoline with all potential users prior to granting them access to the trampoline. They should also teach all fundamental bounces to users before granting them access to the trampoline.

In addition to the guidelines outlined in this manual, we strongly recommend that the owner of the trampoline implement and enforce rules of their own. For example, provide users with guidelines on when they can use the trampoline, when neighbors can use the trampoline, etc.

03. CARE AND MAINTENANCE

Improper use and/or lack of care and maintenance of your trampoline can limit the life of your trampoline. Ensuring that your trampoline is properly used, maintained, and cared for will ensure the longest lifespan of your trampoline.

GENERAL CARE

Inspect the trampoline before and after each use. If you notice any damaged, defective, missing, or broken parts immediately cease use of the trampoline and order replacement part(s) through Best American Trampolines. See the 'Inspection Guidelines'.

Always ensure that the enclosure net (if applicable) and frame pads are in good condition and that they are properly attached to the trampoline.

The enclosure net (if applicable) should be replaced every one (1) year.

Sharp objects (keys, pocketknives, pens, etc.) can cause damage to the enclosure net, jumping surface (mat) and frame pads. These objects should not be allowed on the trampoline.

Pets should not be allowed on the trampoline.

Keep the mat clean and free of debris. If debris (snow, ice, leaves, etc.) accumulates on the trampoline, we recommend using a soft bristled brush to remove it.

COMPONENTS WILL DETERIORATE OVER TIME

Our products are engineered for outdoor use and are constructed with premium weather resistant materials. However, rust, corrosion, and general wear and tear will deteriorate your product over time. These Care and Maintenance Guidelines will aid in extending the life of your trampoline.

RUST AND CORROSION

Inspect all steel components every six months or after rain, whichever comes first. Remove any excess water from the inside of the steel components to help prevent rust and corrosion.

Avoid cleaning any of the steel components with abrasive materials or cleaners. Use of abrasive materials may result in damage to protective coatings.

TEXTILE PRODUCTS

The mat, enclosure netting, and trampoline frame pads can be cleaned with mild soap and water. Never use harsh chemicals or abrasive brushes on any of your trampoline components.

WEATHER CARE

While our trampolines are engineered with premium materials designed to resist UV rays and other outdoor elements, like all outdoor products, they are susceptible to deterioration. Weather elements including sunlight, heat, cold, wind, salt, rain, etc. will deteriorate your trampoline components over time.

You can extend the life of your trampoline by disassembling it and storing it in a cool, dry area, away from weather related elements when the trampoline will go unused for more than one month.

MOVING THE TRAMPOLINE

Always have sufficient help to lift and move the trampoline. We recommend a minimum of four (4) people evenly spaced around the frame to lift the trampoline off the ground. Do not drag the trampoline across the ground.

Do not tilt or rest the trampoline on its sides.

04. PROPER USE & BEHAVIOR

Trampolines are a great way to incorporate healthy fun that encourages the development of motor functions and provides users with the opportunity to engage in physical activity. However, like many physical and recreational activities, the use of trampolines involves potential risk of injury.

RISK WARNING

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PRECAUTIONS

All trampoline activities should be supervised by a mature and knowledgeable adult who has read and understands the information provided in this manual.

Keep objects and obstructions that could interfere with the jumper away from the trampoline. **DO NOT** allow foreign objects or pets on the trampoline.

Trampolines over 20 inches (51 cm) tall are not recommended for children under six years of age.

Never set-up or take-down the trampoline during inclement weather, including but not limited to rain, high winds, storm conditions, or lightning storms. It is recommended that the trampoline is disassembled and stored if inclement weather is expected.

The metal frame of the trampoline will conduct electricity. Lights, extension cords and other electrical equipment should not encounter the trampoline.

Trampoline frame pads that cover the springs and frame are intended to minimize the risk of a user contacting the springs and frame. Ensure that the frame pads are securely fastened and properly positioned before using the trampoline.

Children may not be able to identify potential hazards or be able to assess risks. If children are left unsupervised, they may be at more risk for injury. Always supervise children while they are using or are around a trampoline.

We strongly recommend that the owner of the trampoline implement and enforce rules of their own in addition to the guidelines outlined in this manual.

PRODUCT CHECK

Ensure that the trampoline is completely and properly assembled before you begin use.

Inspect the products prior to and after any use. Inspect the products for damages before use. Damaged products should be repaired or replaced immediately. If in doubt, do not use the products.

Bounce only when the surface of the mat is dry. Wind should be calm to gentle. **DO NOT** use the trampoline during gusty or severe winds.

Make sure that the area around, underneath, and above the trampoline is clear from potential hazards that may interfere with the jumper.

Ensure that frame pads, springs, mat, and enclosure nets (if applicable) are correctly and securely fastened before each use.

Properly secure the trampoline when not in use to prevent unauthorized use. If a ladder is used to access the trampoline it should be removed when the trampoline is not in use.

BEFORE YOU JUMP

Avoid jumping on the trampoline when you are tired. Keep turns on the trampoline short.

Refrain from eating and/or drinking on the trampoline.

DO NOT jump immediately after eating.

DO NOT use the trampoline while under the influence of alcohol or drugs. Lack of balance, perception, and overall awareness will increase the potential for serious injury, permanent disability, or death.

Ensure that the user is less than 300 lbs.

Remove all jewelry, buckles, or belts prior to using the trampoline. Jumpers should wear clothing that is free of studs, hooks, loops, drawstrings, or anything that could get caught or damage the trampoline components.

Clothing should allow for plenty of movement without being too loose.

DO NOT wear shoes while using the trampoline. Instead we recommend wearing trampoline socks or socks with rubber grips on the bottom.

Multiple people on the trampoline increases the risk for injury. **DO NOT** allow more than one person on the trampoline at a time. Use by more than one person at the same time can result in serious injuries, permanent disabilities, paralysis, or death.

Anyone waiting to jump should wait a minimum of 8 ft (2.5 m) away from the trampoline.

Misuse or abuse of the trampoline can result in serious injuries, including permanent disabilities, paralysis, or death.

DO NOT walk in front of, behind, under or between the trampoline's moving parts.

It is dangerous to jump from the trampoline to the ground or to jump from the ground to the trampoline. These actions may result in serious injury, permanent disabilities, paralysis, or death.

DO NOT allow or attempt somersaults or flips on the trampoline. Landing on the head or neck can cause serious injury, including permanent disabilities, paralysis, or death – even when the participant lands in the middle of the mat.

DO NOT use the trampoline as a springboard to other objects.

PRECAUTIONARY ADVICE

When you begin using the trampoline you want to start with low controlled bounces that allow you to gain confidence and coordination.

Familiarize yourself with basic bouncing, landing positions, and stopping movements. Mastering the fundamentals will help you learn how to control your bounces and will help with coordination.

Avoid bouncing too high. Control is more important than height.

Master fundamental bounces and body positions before moving onto advanced maneuvers. A certified trampoline instructor should be utilized prior to attempting advanced maneuvers.

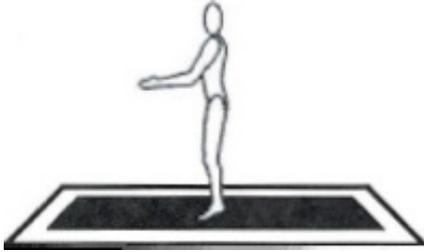
Supervisor: Ensure that you have read and understand the guidelines in this booklet before supervising trampoline activities. You must be knowledgeable about trampolines and should enforce all safety guidelines.

If a supervisor is not available at times when someone may use the trampoline it should be secured to avoid unsupervised use.

FUNDAMENTAL BOUNCES

The following guidelines will aid in performing fundamental trampoline skills:

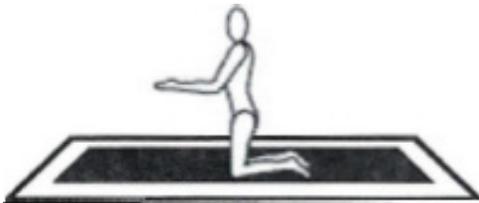
STANDING BOUNCE



01. Start in the center of bed, feet shoulder-width apart, arms at side, eyes on end of the mat (jumping surface).

02. As you jump from trampoline, arms come up and forward, circling outward and back to side as you again contact mat. Bring feet together, toes pointed, in the air, feet shoulders-width apart again as you contact mat. Arms need never go above your shoulders or behind your body.

KNEE BOUNCE



01. First, assume kneeling position in center of the mat, back straight, eyes on end of the mat.

02. Pump your way to your feet by bouncing, using your arms as a standing bounce.

03. Duplicate position from a low bounce.

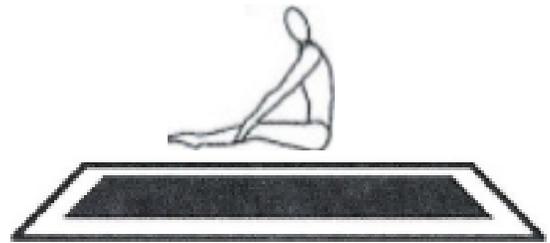
HAND & KNEE DROP



01. First, assume position shown in illustration, keeping head up, eyes on end of the mat.

02. Duplicate position from a low bounce. Keep your hands as close to your knees as shown in illustration.

PIKE POSITION



01. Done like a standing bounce, but at top of bounce, keeping knees locked and toes pointed, raise legs as illustrated, then lower feet to contact the mat.

FRONT DROP



01. First, assume position of hands and knees bounce. Begin to bounce slightly in this position, then kick legs back, land on stomach, taking some weight on bent forearms as shown in illustration. Make sure you kick backwards, do not go forward, and return to hands and knees position.

02. Try from a low bounce, kicking backwards, making your belt land where your feet were.

SEAT DROP



01. First, assume sitting position in center of the mat, legs spread wide, hands on the mat, leaning slightly forward.

02. Duplicate this position from a low bounce. To come to your feet again, be sure to lean forward and press the mat with your hands.

05. TRAMPOLINE INSTALLATION & ASSEMBLY

LOCATION PLANNING

Proper placement of your trampoline is an essential part of trampoline safety. The following guidelines will help ensure that your trampoline is located in an optimal area.

- Place your trampoline on a level impact-absorbing surface.
- Ensure that there is an ample amount of overhead clearance. We recommend a minimum clearance of 24 ft. (7.3 m) from ground level to prevent users from inadvertently contacting overhead hazards, such as electrical wires, tree limbs or other overhead obstructions.
- Maintain a minimum clearance of 6ft. (2 m) on all sides of the trampoline. This area should be free from concrete, brick or other hard surfaces that can cause serious injury if the user falls off the trampoline.
- Ensure that the area around the trampoline is kept clear and away from walls, fences, building structures, other play areas, and potential hazards. A minimum of 6 ft. (2 m) is recommended.
- Do not store garden tools, bicycles, toys or any other objects under the trampoline.
- Place the trampoline in a well-lit area. Shaded areas or indoor use may require artificial lighting.
- Never set-up or take-down the trampoline during inclement weather or during periods of high winds.

NOTE - TWO (2) PEOPLE ARE RECOMMENDED FOR THE TRAMPOLINE ASSEMBLY PROCESS

ASSEMBLY PRECAUTIONS

Read the following precautions before you begin the assembly process.

- Ensure that all parts are included with the shipment. If any parts are missing or damaged, please call our customer service team at 972-475-0092.
- Do not use the trampoline until it is completely assembled.
- Children should be kept away from the trampoline during the assembly process.

RISK WARNING

Any activity involving motion, height, speed, rotation, and/or physical contact creates the possibility of serious injury, including temporary or permanent paralysis and even death from landing or falling on the neck, head, back, or other parts of the body. Best American Trampoline's Products do not eliminate these hazards. You assume a risk of serious injury by using the Products. Use of the Products without proper supervision, proper training, proper equipment can be dangerous. Inspect the Products prior to and after any use. Inspect the Products for damages before use. Damaged Products should be repaired or replaced immediately. If in doubt, do not use the Products.

IMPORTANT

It is the responsibility of the owner/supervisor to understand all information in this manual and to ensure that all potential users comply with usage instructions outlined in this manual.

NOTE - This trampoline is designed for private use only. Commercial or public use is strictly prohibited.

MISSING PARTS

Best American Trampolines takes pride in providing our customers with quality products and service. We make every effort to ensure that every product sold leaves our warehouse with all parts required to assemble your trampoline. If you suspect that a part is missing or damaged, please review the following guidelines.

Double check all boxes and other packing materials for missing parts. If you find that there are missing or damaged parts, we request that you contact our customer service team immediately at 972-475-0092.

DO NOT assemble or use a product if part(s) are missing or damaged, it is dangerous. Any damage that occurs due to the use of an incomplete product assembly will result in a voided warranty.

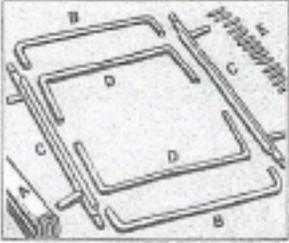
MISSING PARTS CONTINUED

It is the customer's responsibility to check all boxes and ensure that all parts to complete the assembly of the product have arrived prior to beginning the assembly process.

FRAME ASSEMBLY

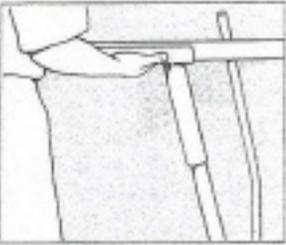
STEP 1

Lay out bed (A), ends (B), siderails (C), legs (D) and springs (E) as shown in diagram.



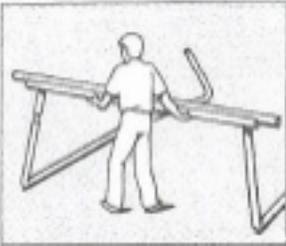
STEP 2

Set one leg upright and attach it to the stem on a siderail.



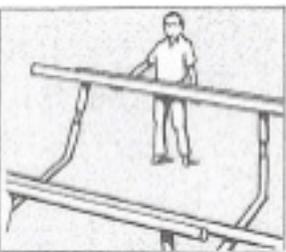
STEP 3

Now lift other end of the same siderail and attach it to the other leg.



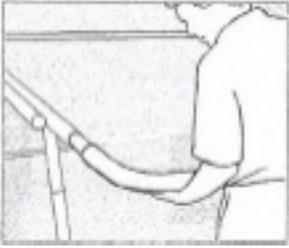
STEP 4

Pick up opposite siderail and slide it evenly over both legs at the same time.



STEP 5

Slide end piece over the end of the side rail as far as it will go, then attach the other end to left side rail.

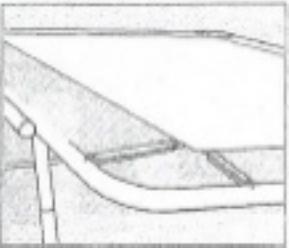


TIP - You need to pull the side rail out to meet the opening of the end rail.

SPRINGS & MAT ASSEMBLY

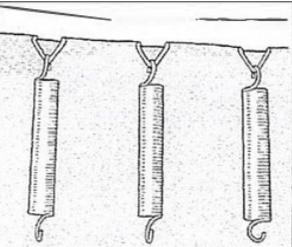
STEP 6

Connect the four corners of your bed to the rails with springs. Two springs at each corner.



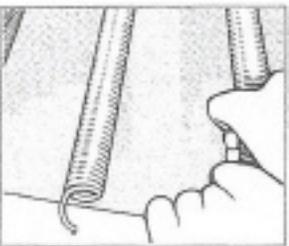
STEP 7

Connect all of the springs to the bed and let them hang for now.



STEP 8

Start at the side and connect about 5 springs to the rail, then move to the opposite side and connect 5 more. Continue this process until you have connected both sides and then repeat the same way to connect the ends of the bed.



06. TRAMPOLINE INSPECTION

Inspect the Products prior to and after any use. Inspect the Products for damages before use. Damaged Products should be repaired or replaced immediately. If in doubt, do not use the Products.

The following list includes common issues that you may find during your trampoline inspection. Please note that this is not a comprehensive list of potential hazards.

- It's time to replace the mat, enclosure net, and/or pads if they are torn, frayed, punctured, or if there are holes.
- Make sure the frame pads are covering the springs/frame and that they are properly secured to the trampoline. If the frame pads are in good condition you can simply reposition them and continue using your trampoline.
- If the stitching on the mat or frame pads shows signs of deterioration it is time to replace them with a new set.
- A frame that is bent, broken, has missing hardware or loosened hardware has structural issues and needs to be replaced.
- If the V-rings (metal rings on the mat that connect the mat to the springs) are brittle, bent, torn, or missing the mat should be replaced.
- Trampoline springs that are over stretched, weak, broken or missing should be replaced.
- A sagging trampoline mat should be replaced.

We take pride in producing quality American made products. Our replacement parts are manufactured and designed with the same care and quality as our trampolines.

We cannot guarantee the performance of replacement parts from other manufacturers. For this reason, your trampoline warranty will expire if replacement parts not produced by Best American Trampolines are installed.

If you have questions or are unsure if a part needs replacing, please contact the Best American Trampolines customer service team by email at info@bestamericantrampolines.com or by phone at 972-475-0092.

TRAMPOLINE INSPECTION CHECKLIST

This checklist should be reviewed before and after each use of the trampoline. Any worn, missing, damaged, or defective parts should be replaced before you continue using the trampoline. If in doubt, do not use the products.

If any of the parts on your trampoline appear to be compromised, cease use and order a replacement part.

FRAME

- Sharp points or protrusions
- Bends, twists, or breaks
- Significant rust
- Loosened or missing hardware

SPRINGS

- Stretched
- Weak
- Broken
- Missing
- Significant Rust

TRAMPOLINE MAT (JUMPING SURFACE)

- Tears, frays, punctures, or holes
- Sagging trampoline fabric
- Damage or deterioration to the stitching
- Missing, broken, brittle, V-rings (Rings that connect the mat to the springs)

FRAME PADS

- Missing
- Damage or deterioration to the stitching
- Tears, frays, punctures, or holes

PRO TIP - If the trampoline frame pads are improperly positioned or attached, but otherwise are in good condition, they can be repositioned or reattached. They do not need to be replaced.

07. LIMITED WARRANTY

BAT Residential provides limited warranties on its trampolines. BAT Residential warrants that all products shipped will be free from defects in material and workmanship during normal use and installation. The guarantees stated herein are valid only if the goods have been subjected to normal use for the purpose for which they were designed, have not been subject to vandalism, misuse, neglect, or accident, have not been subjected to addition or subtraction of pieces, and have not been modified or altered by persons other than BAT Residential or its designees in any respect which, in the judgment of BAT Residential, affects the condition or operation of the Products.

BAT Residential offers a 5-year limited warranty on the framing for its 9x15, 10x15, 10x17 (Olympic), 10x17 (Enclosed), and 9x15 (Enclosed) trampolines and a lifetime warranty on the framing of its 9x15 and 10x17 Xtreme trampolines.

BAT Residential offers a 1-year limited warranty on the padding for all trampolines identified above.

BAT Residential offers a 2-year limited warranty on the mat stitching for all trampolines identified above.

BAT Residential offers a 5-year limited warranty on the mat fabric for all trampolines identified above.

Bat Residential offers a 1-year limited warranty on all other components and the enclosures (if applicable) for all trampolines identified above.

The above warranties commence on the date of BAT Residential's shipment. EXCEPT AS EXPRESSLY SET FORTH ABOVE OR AS STATED WITHIN BAT RESIDENTIAL'S QUOTATION, ORDER ACKNOWLEDGEMENT, OR A SEPARATE WRITTEN AND SIGNED AGREEMENT, BAT RESIDENTIAL MAKES NO OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING, BUT NOT LIMITED TO, ANY IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, WHICH ARE EXPRESSLY DISCLAIMED.

LIMITATION OF LIABILITY:

BAT RESIDENTIAL'S LIABILITY, WHETHER IN CONTRACT, IN TORT, UNDER WARRANTY, IN NEGLIGENCE, OR OTHERWISE, SHALL NOT EXCEED THE PURCHASE PRICE OF THE PRODUCTS, AND UNDER NO CIRCUMSTANCES SHALL BAT RESIDENTIAL BE LIABLE FOR ANY SPECIAL, INDIRECT, INCIDENTAL, PUNITIVE, OR CONSEQUENTIAL DAMAGES INCLUDING, BUT NOT LIMITED TO, DEMURRAGE CHARGES, COSTS OF SHIPMENT,

DOWNTIME, LOST PROFITS (WHETHER LIMITATION OF LIABILITY CONTINUED:

DIRECT OR INDIRECT), LOST SALES, DAMAGE TO EQUIPMENT, OR CLAIMS OF YOUR CUSTOMERS, IF ANY, OR OTHER THIRD PARTIES FOR DAMAGES OR PENALTIES, WHETHER OR NOT YOU ARE LEGALLY OBLIGATED TO PAY THEM. BAT RESIDENTIAL'S LIABILITY HEREUNDER SHALL BE LIMITED TO EITHER: (1) THE OBLIGATION TO REPAIR OR REPLACE, AT BAT RESIDENTIAL'S SOLE DISCRETION, ONLY THOSE PORTIONS OF THE PRODUCTS PROVEN TO HAVE FAILED TO MEET IN MATERIAL RESPECT THE SPECIFICATIONS ON BAT RESIDENTIAL'S QUOTATION, ORDER ACKNOWLEDGEMENT, OR SEPARATE WRITTEN AND SIGNED AGREEMENT AT THE TIME OF SHIPMENT FROM BAT RESIDENTIAL'S FACILITY, OR (2) REPAYMENT OF OR CREDIT AGAINST THE PURCHASE PRICE OF THE PRODUCTS. YOU AND BAT RESIDENTIAL EXPRESSLY AGREE TO THIS ALLOCATION OF RISK AND THE PRICE STATED FOR THE PRODUCTS IS CONSIDERATION FOR THE LIMITATION ON BAT RESIDENTIAL'S LIABILITY. THIS DISCLAIMER AND EXCLUSION WILL APPLY EVEN IF THE EXCLUSIVE REMEDY DESCRIBED IN THIS SECTION FAILS ITS ESSENTIAL PURPOSE.

SUBMITTING A WARRANTY CLAIM:

To submit a claim under the limited warranty applicable to the Products you have purchased, follow these instructions:

Call the BAT Residential Customer Service team at 972-475-0092 to obtain a Return Authorization code. All returns must be pre-authorized.

Send the part(s) to the designated Service Center, along with a copy of your original sales receipt and a brief written description of the problem, including how it occurred. You must pay freight and insurance to return the part to Best American Trampolines. At Best American Trampolines' sole discretion, we may ask you to send photographs in addition to or in lieu of returning the part.

After inspecting the returned part(s), Best American Trampolines will make a final determination whether the part is covered by this warranty. We reserve the right to examine photographs or physical evidence concerning parts claimed to be defective prior to making a final determination concerning the claim. A repaired or replacement part will be returned to you. (Shipping charges may apply.)